

**Love is all around us ...**

St. Valentine's Day is an excellent opportunity to express our deepest feelings for the people we love, admire or just like. It is the day to hug or kiss our friends, lovers, relatives or spouses. Sending a Valentine card or arranging a romantic evening for the beloved ones is a perfect idea to celebrate this day. But is it really important for us to show others that we care for them? Do we know how to deal with this feeling which has been commercialized by American celebrations? We wish to show you how to cherish love, analyse what love means for teenagers of today, describe the real and imaginary world of love. Follow the path of love with us. Read what we have to tell you and decide for yourself what you think about St. Valentines Day.

**"One is loved because one is loved.  
No reason is needed for loving."**

*Paulo Coelho*

**Handling Valentine's Day in some countries:**

In France, it is a national Day. People send bouquets of flowers with loving letters to their loved ones. If a man loves a woman, he can invite her for a romantic dinner .

In England and Poland it

is celebrated just like in France. If lovers want to express their love, they buy gifts or bouquet of flowers or Valentine cards with a sign of "Your Valentine". This is the time that people can spend nicely with each other.

In Poland the tradition of celebrating Valentines as Holidays of Lovers appeared at the beginning of the nineties of the last century. The thesis that a man wants to love and be loved can be easily applied to people all over the world.

On this Day it is a popular custom to send letters in which you express love for your beloved ones. You can do it by writing a short poem or a letter. February 14 has become a unique occasion for giving little gifts to the people you care for. Red, mostly heart-shaped Valentines cards include poems with love confessions. It is common to give flowers, candies, mascots and personal

items items of clothing to your boyfriends, girlfriends, relatives or just close friends.

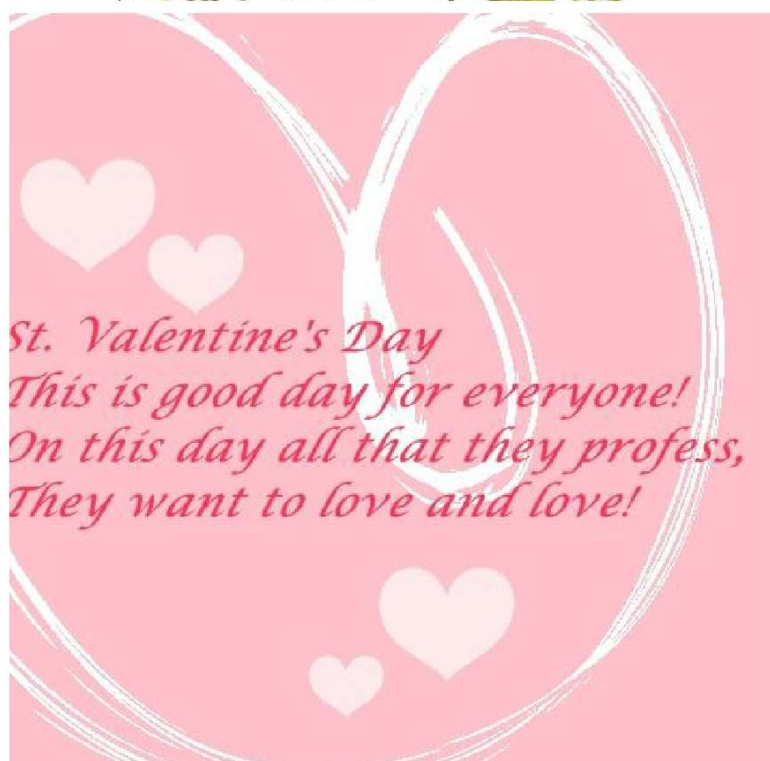
Men try to surprise their wives or girlfriends with an invitation to an expensive restaurant for delicious supper with wine.

Women do their best to look stunning and impress their husbands or boyfriends.

How did it all start?  
Who was St. Valentine?  
When did the festival originate?  
What are its roots?  
Where do the symbols come from?  
Why do we send love cards?

**History of St. Valentine**

Valentine was a medical doctor by training, with the appointment of a clergyman. He lived in the third century in the Roman Empire during the reign of Claudius II Gocki. The Emperor was encouraged by his advisers to ban young men from getting married at the age of 18 to 37 years. He believed that the best soldiers, legionaries were men who didn't have families. Bishop Valentine broke this rule. For it, he was thrown into prison, where he fell in love with the blind daughter of his guardian. Legend has it that his bride under the influence of love regained her sight. When the emperor found out about it, he decided to kill Valentine. The day before the execution, Valentine wrote a letter to his beloved, which was signed, "From your Valentine". The execution was carried out on February 14.



**What do flowers tell us about your love?**

- Violet** - nobody knows about our love
- Narcissus** - you have no heart
- Rose** - I love you
- Daisy** - I like you
- Tulip** - I am dreaming of you
- Pansy** - you are reigning in my thoughts
- Cornflower** - I am not brave enough to reveal my emotions to you





# Express your love in songs!

Love is the theme which we can find in almost every song. A lot of songs are about unrequited love which sometimes runs away and never comes back. Artists write them when they feel a sudden impulse to express their deepest feelings. They usually have a broken heart. However, it isn't always so. Sometimes we can listen to songs about happy and fulfilled love but it's a rare occurrence.

## BIG LOVE

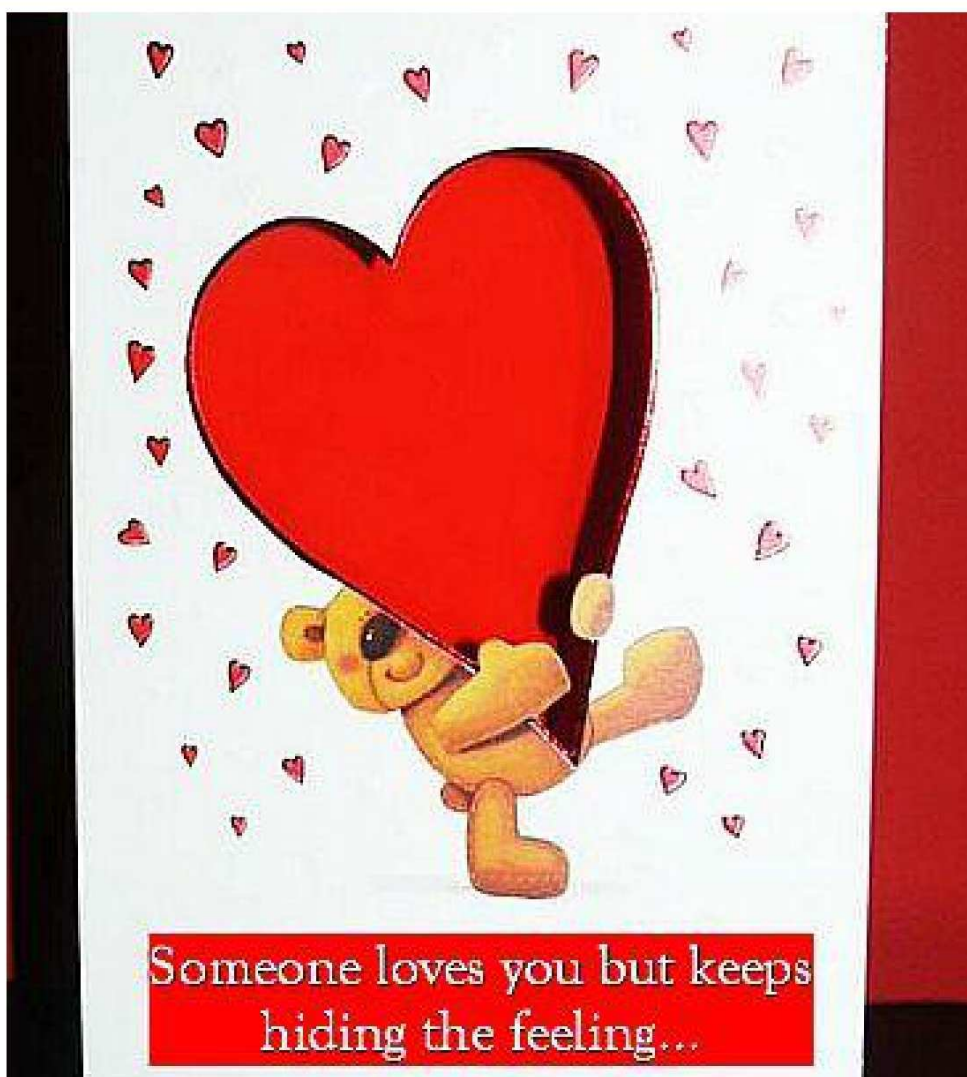
Seweryn Krajewski

(translated by Klaudia)

I. You're waiting for this one moment,  
Heart beats like crazy,  
I understood what I live for,  
I know you feel it like me,

II. Ey, an hour lasts too short,  
Let this moment stop,  
I want to feed The whole surprised world with my love.

**Chorus:** Big love doesn't choose,  
doesn't ask us if we want it,  
Big love, big power,  
We will be forever faithful to it.



III. Years will pass, stars will not shine,  
Photographs will go out in our heads,  
If human anger separates us,  
I will find you,

When the mind tells you to doubt,  
You better wait till the flame of a candle trembles  
Because on other side of the river,  
As far as I know, there is a garden.

**Chorus:** Big love doesn't choose,  
doesn't ask us if we want it,  
Big love, big power,  
We will be forever faithful to it  
I'm still searching myself,  
I would like to follow.



## Lemon "I will be with you"

I. I've never seen the light in my life,  
Like night dog, stray,  
Although in your words,  
I haven't heard the truth,  
Thanks to you, I'm who I wanted to be,  
Sometimes I don't know how to behave,

Despite so many borders  
I'll be with you  
Despite so many unknown  
I'll be with you  
I'll be myself.

II. There're many who want to change me  
I'll just listen to them  
I'm still tossed from

I'm still searching for myself,  
I would like to follow what I feel  
I won't know the truth if I don't try  
When I won't myself without your words  
There's no me without your hands.

**Chorus:** Despite so many mistakes  
I'll be with you extreme to extreme

You know, I know it so well.

**Chorus...**

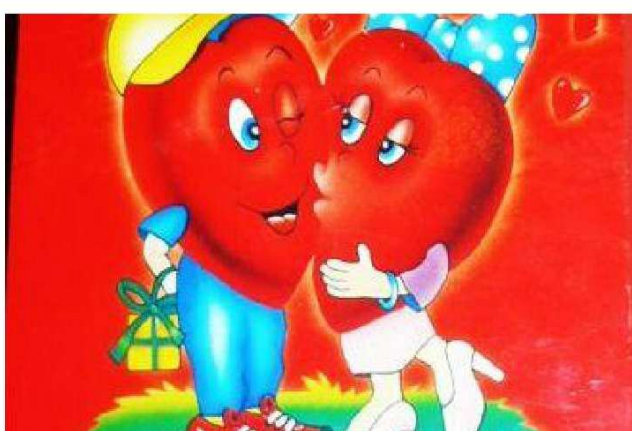
III. Look into my eyes instead of the moon  
You pull me from darkness  
I feel your doubt  
I'll give you my hand now.

"When You love the human You want to grow old with him."

"The love doesn't know a reason.  
There isn't reason to love..."

I want to be your girlfriend,  
Beloved and the only one,  
I want to have you, baby,  
And nobody else.

Everyone has a star in the sky  
For everyone a star shines,  
I have chosen you,  
You are my star.



Love is the deep sea,  
Love is the sun and rain,  
Love is a boy and girl,  
So love me if you care.

I want to live and I'll live,  
I want to love and I'll love,  
I want to laugh and I'll laugh,  
I want You and I'll get You!



# Get ready for going out ...

The biggest problem and the most serious question which most of the girls can't answer before a date is: **what to wear**? They search the entire wardrobe to find clothes which might impress their boyfriends, so I have some advice for them. If you want to look elegant, cute and pretty, you should read it! Firstly, you should choose the jewellery which matches your outfit. If you wear casual clothes, you will choose a pendant. In every store with jewellery, we can find funny pendants. But if you intend to wear an elegant dress, you should go for a neckchain. You can also use perfume which you like. Shoes are a very important part of clothing. Highheeled shoes are perfect for a date you will definitely look beautiful but also slimmer. But everything depends on our style. Also the choice of your clothes depends on where you're going. You can't wear an elegant dress when you're going bowling. Then you should wear casual clothes. But if you're going to the restaurant, you can choose a cute tightfitting dress. Remember, you should try to impress your boyfriend with your looks. First of you should express your personality and prove that you are worth it.

## Non - resistant mind

*You emerged from the crowd  
When I was airily walking down on the street  
Your light blinded me in the day  
Your breath is my oxygen  
Which lives in me*

*And I fell in anxiety*

*Cause how can I want  
To think about someone, who doesn't know me  
I miss your view  
My mind isn't resistant  
I fall asleep thinking how to say something to you  
I fall asleep thinking that you are somewhere near*

*So, where do I run  
Though I don't want*

*My heart beats relentlessly  
I fill the space  
With normal air  
Searching for what's commonly called happiness*

## The first date?

### Short but useful tips.

#### 1. What should I wear?

Probably everyone asks themselves this question before the first date. The most important thing is to remember not to dress up as someone you're not. You should choose clothes in which you feel comfortable, but also look attractive. Don't exaggerate with elegance. Your style shouldn't be very different from everyday. Maybe an opinion from your best friend will help you to decide? You can make a small



fashion show to consider all the options.

#### 2. Where will we go?

The best solution is to

meet in the place where you will have the opportunity to learn more about each other. The theater or the cinema is not good if you're

going to end dating afterwards. A film show in silence isn't the best way to learn about the other person. Think about a walk, a personally

prepared dinner. If you want to surprise your chosen one, you should consider something original like dinner on the roof.

## 5 most frequently asked questions!

#### 3. What will we talk about?

Everyone is afraid of awkward silence. Don't allow for that! Prepare in advance subjects that you can bring up. If you already know something about this person, what she likes, what she does, you have an easier task. Be yourself, don't act anybody and conversation will come easy. Remember not to talk only about yourself. Ask questions, show interest, and your first date certainly will not be the last one.

#### 4. Should I give her/him a gift?

The first date isn't the time when we give gifts. We don't know what the other person really likes. We can make our partner feel uncomfortable if it turns out that he didn't bring anything for you. If you really want to give something, choose some flower (if you are a man of course). It will always be acceptable. If you do not meet in a restaurant, it is nice to bring some snacks. Some salt sticks or a box of chocolates can help you feel relaxed.

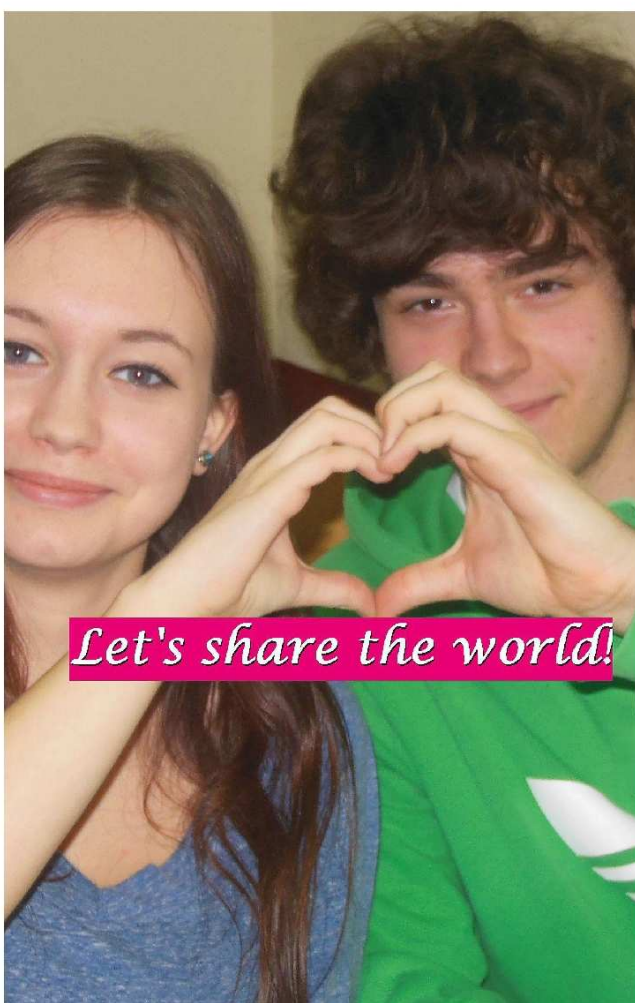
*O no, no! I don't want to write all this crap  
I don't have a time, I will not send you letters which your trash is full of, maybe I'm not the one, You want to stay with for a while*

#### 5. Who will pay?

The tradition says that a man should pay for a woman. Nowadays, it's not so obvious, but the permission to settle a bill by a woman offends male pride. If a man invited you for a date, let him pay. Treat it as an expression of affection. However, this isn't a condition. We all know how important the issue of gender equality is. Women are getting more and more independent and men don't mind it. So you can pay separately and still be pleased. But I have to get out of



*But I have to get out of the dark  
To get back my peace  
You messed my mind  
With one gesture, one word  
You don't have to bring me violets and lilacs  
It's enough you are here*





Here we are after we have translated a Polish poem by Adam Mickiewicz *Niepewność* into English. Dictionaries, slips of papers with the verses and chain translating in the teams of two ... and the results for you to read below.

Poetry seems to be only for those who are fluent in English. However, as these examples show even if you use the English language from time to time, you can become quite a good poet yourself. Top quality poetry by our best know poet - Mickiewicz isn't intimidating for the students at all. Need a translation for your English friend? No problem - here you go.

You can try creating your own freestyle poetry. Limerics are short poems of 5 lines ending with a rhyme pattern: aabba. below the photo, there are 2 samples of what we can do.

**UNCERTAINTY**  
czyli  
**NIEPEWNOŚĆ**  
(na wiele sposobów)

When I don't see you,  
I don't sigh,  
I don't cry,  
I don't lose senses,  
When I see you.  
But when I'm not watching you for a long time,  
I miss something,  
I demand to see someone.  
And missing you,  
I ask myself the question:

**Is it friendship or is it love?**



When you put your hand on my palms,

I feel so calm and relax,  
It seems as if I will finish my life with a sleep;  
But I wake up when my heart beats faster,  
My heart ask me a question:

**Is it friendship or is it love?**

When I was writing this song for you,  
I didn't have the inspiration;  
I was surprised that I had written it so quickly,  
And I had these a ideas for such rhymes,

And I wrote down question in the end:

Where did I have inspiration from?

**Is it friendship or it is love?**

**OUR LIMERICS**

**I.** When I saw you for the first time in Paris i decided to buy you a Toyota Yaris.

It was cheaper than Lamborghini,  
so I could buy a glass of Martini  
And in the morning I want form you a kiss.  
(by Paulina)

**II.** My lover is as big as France,,  
He has a passionate glance  
I will see him soon,  
To me he's like the moon.

He and me have a sweet romance.  
(by Daria)



**Czy to jest miłość?**

When you vanish into thin air, I can't recall your face in my mind?  
But I sometimes feel, despite my desire, that your picture remains in my memory.  
And I always keep asking myself the same question:  
**Is it friendship or is it love?**

I suffered a lot of times I didn't think at all,  
I didn't want to meet you in order not to cry  
Going straight on, not looking at my way,  
I don't know how I will find you,  
And I'm walking and I'm asking myself:  
What has led me here?  
**Is it friendship or is it love?**

**Czy to jest kochanie?**

For you health I would sacrifice my life,  
For your calmness I would go to the hell;  
Although I didn't have a brave heart, I would be health and calmness for you.  
And I keep repeating the same question:  
**Is it friendship or is it love?**



The art of translating of love poems is a tough job but it is worth trying.  
The more often you struggle with the language, the better results you might achieve.

As the proverb says:  
**No pain, no gain.**



***So many hearts, but only mine is broken.***

# Broken hearts

***I think that this story will be advice for each person who is head over heels in love.***

One day, Jack & Katie went to the cinema in order to see the latest film „Dear John. Katie had always been interested in romantic dramas. Although Jack wasnt keen on such films, he agreed to go to the cinema with his girlfriend, because it was Valentines Day. In addition, he had had an argument with her and he wanted to make it up to her.

Their relationship was more and more at a low ebb, therefore Jack tried to fix his bad behaviours and he wanted to apologize to Katie for everything he had done wrong.

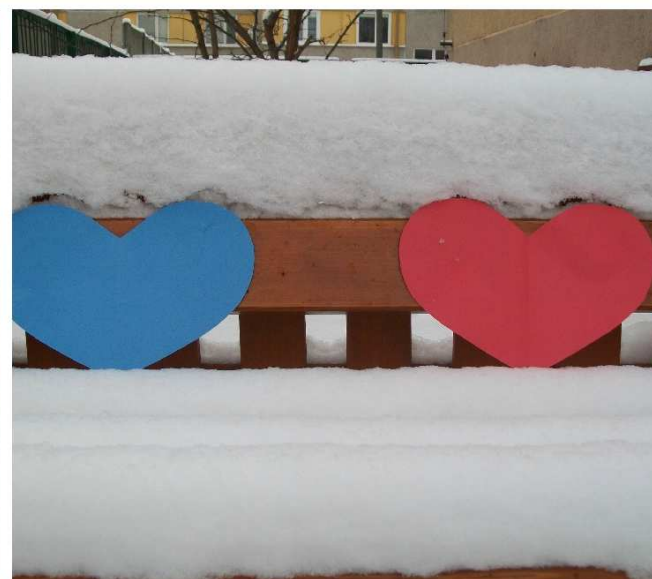
St. Valentines Day is perfect for spending time together, giving a lot of presents to the beloved person, forgetting about bad moments and reconciling with close people. Jack had bought a bunch of flowers for Katie and he went to her house. When she saw Jack, she started smiling but she didnt appear delighted with the present. She didnt invite Jack to her home. She took her coat and they left. However, Jack



felt that his girlfriend was strange. He remembered that she had always invited everyone to her house and he had often been a guest there but Jack decided to focus on spending a nice time without quarrels. When the film started, Jack hugged Katie but she didnt want his touch and she told him she had a headache and he had to understand it. So, he

stopped doing it, but he knew his girlfriend was lying. The film went on and on and the lovers didnt say a word to each other. It was sad, because such a beautiful day as St. Valentines Day happens only once a year. Suddenly, Katie kissed Jack and told him that she had to go to the toilet. She didnt come back for a long time.

Jack didnt wait for the other shoe to drop and he went to the womens toilet. The women were scared of Jack but he explained to them the reason why he was there. He asked the women if they had seen his girlfriend but they shook their heads. So, he thought that she had run away and he came back to his seat. When he sat in his armchair, he saw



***We live, as we dream - alone.***

a little slip of paper. He read it and he broke down. Everybody was shocked because the men usually dont cry. Jack ran home and he closed in his room. No one knew what had happened in the cinema. His mum tried to ask his but she didnt get an answer. Next day, Jack visited his friend and told

him his sad story. from the shock and started dating other girls. He was a very joyful boy again. However, Katie'll stay in his heart forever.

Katie had abandoned him leaving him a letter in which she wrote that she had found a new boyfriend and she didnt love Jack. It was the worst day in Jacks life. Fortunately, Jacks friend encouraged him not to break down and assured him hed find another, better girl. He also advised Jack not to fall in love so much. After two weeks Jack recovered

***So, I hope well know how careful we should be in love now. Remember! The love is a very important emotion in each persons life, however no one should so strongly sacrifice for another person... even in the marriage.***

***To talk about love and all that is connected with it, we can use different words. Here are some examples :***

***Out of sight out of mind***  
Co z oczu, to z serca

Don't worry, you'll forget him soon - out of sight, out of mind  
***Love is blind*** Miłość jest ślepa

When you are truly in love with someone, you don't care about anything, because love is blind.

***Be/feel on top of the world*** Być w siódmym niebie

When Silvio met Roswitha, he felt like he was on top of the world.

***Love at first sight*** Miłość

od pierwszego wejrzenia  
When I met you, it was love at first sight.

***Puppy love*** ***love***  
Szczęściwa miłość

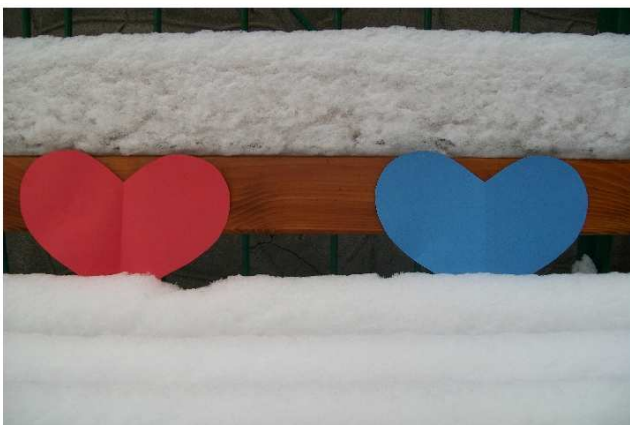
Despite the fact that she was only 16, Lucy knew her love for Frank wasnt puppy love. She knew that it would last forever.

***To be on cloud nine***  
Być w siódmym niebie

On the day of their wedding, the young couple was on cloud nine.

***Head over heels in love with (someone)***

Zakochać się po uszy w (kims)  
He was head over heels in love with the girl next door.



***Love conquers all***  
Miłość przewycięży wszystko

If you love someone enough, you can deal with any problems, because love conquers all.

***Absence makes the heart grow fonder***

Nieobecność sprawia, że w sercu rośnie czułość

After Maria left, Arnie missed her terribly. He soon realized that absence really does make the heart grow fonder.

***Alls fair in love and war***  
W miłości i na wojnie wszystkie chwytty dozwolone

You have to remember that all's fair in love and war, when your girlfriend leaves you for your best friend.

***Love me, love my dog***  
Jeśli czujesz do kogoś sympatię, musisz

akceptować wszystkie jego cechy

If you really want to live with me for the rest of life, you have to love me and love my dog.

***To be the apple of someones eye***

Być oczkiem w głowie  
The new baby was the apple of her mothers eye.



# The best places to go on the first date?

The first meeting with an interesting person is a fascinating and unforgettable experience. You are happy that you can finally spend time with that special person. However, there are a lot of doubts: Is she like me? Are we going to have something to talk about? Will our meeting expire in some awkward silence? Before the first date we should consider where we want to go out and how we want to spend the time.

Here are some tips on how best to choose a location for the first meeting of your darling

## Canoe Tour

This type of dating is perfect for Her and for Him. Ladies love to canoe down the river in a romantic atmosphere and there is nothing better for them than a warm summer evening spent in the company of a fascinating man who can tell enchanting stories.



## Cafe

Many people go to a coffee shop for their first dates. The main advantage of such a meeting is its casual character. If you find

that you feel really well with each other, and topics for conversations do not end there, you can always change the location.

## Picnic

Successful dating does not have to happen in a particularly sophisticated, expensive place. With beautiful spring, the warm sun

the best idea may be to meet close to nature. In addition to favourable weather, let's prepare some sandwiches, a handful of grapes, a bottle of red wine and a big blanket.

Some young people choose school as a dating place. A romantic atmosphere can't be created here but at least you can spend your time in a nice and exciting way.

## Limeric 3

I met my lover in romantic **Rome**,  
that feeling was beautiful and **awesome**.  
I felt him **everywhere**,  
everywhere, here and **there**.  
Now I'm healing my broken heart at **home**.

## Limerick 4

When Tom and Lisa first met in **Liverpool**,  
they were both naked in a swimming **pool**  
He fell in **love**,  
picked up her **glove**  
Then he gave her a rose at **school**.

## School

## Restaurant

When we agree to our first date, we just choose a restaurant. Romantic, dim candlelight, delicious food ... A romantic restaurant is a place where you can quietly sit, talk and concentrate on each other. What kind of restaurant you choose depends on whether you know any nice place of your own experience or know about it from friends who recommended it to you. But surely you should discuss this with the other person in order to save nasty surprises. If someone is a vegetarian, then going to the restaurant which specializes in steaks is rather a bad idea. Restaurants where fast food is sold should not even be taken into consideration.

## Bike ride

A great idea for a date is a bike tour. Before that, make sure your bikes are in working order to avoid unnecessary and unexpected surprises. Think also what route you will go if you don't want to get lost or come across busy streets, where one of you will be ahead of a big and noisy truck. Remember also that during the bike ride you don't have to show your racing or cycling skills and or extraordinary condition. Your partner will not



want to look at you, disappearing somewhere in the distance. A short break from time to time is a good excuse to talk, relax, and of course to fall in love.





# Desserts for lovers

**The way to a man's heart is through his stomach.**

Even if you are not very talented at cooking, you can surprise your partner with a tasty dish. Valentine's Day is a special occasion that gives you great culinary options. Good food, beautiful music and romantic atmosphere - that is, how to get a guy. You can make small heartshaped sandwiches or put chocolates on a nice plate to prove that you do care about him or her. On this day it doesn't matter if you can make a sophisticated dinner. It's important to spend this night together in a nice atmosphere. Desserts are a great idea but you won't win his or her heart, if you can't prove that you have put a lot of effort into preparing this day. Cook as well as you can but if your dessert is crap, don't worry. A kiss or a hug will sort out the problem.

## Valentine's dish

### Ingredients:

-2 slices of whole wheat sandwich bread  
 -1/2 tablespoon of butter  
 -1/4 cup of shredded Gruyere cheese  
 -1 slice of smoked turkey  
 -1 egg

### Directions:

In a skillet melt butter over medium low heat and place one slice of bread on top of it. Place cheese on top of bread followed by the slice of turkey and the other

piece of bread. Cook on one side until bread is golden brown and cheese is beginning to melt, about 3 minutes. Flip sandwich over in the pan and

cook until the other side is light golden brown, about 3 minutes. Remove the sandwich from the pan and place it on a cutting board.

Cut a small heart out of the center of the sandwich. Return the sandwich to the same skillet over medium high heat and crack the egg

into the heart shaped hole. Let the egg cook for a minute, then reduce heat to medium low and cover skillet with the lid. Let cook, covered

**Directions:**  
 Dissolve jellies in water and then cool them. Add milk to gelatin and leave it to swell. Then heat it up, mix well and pour into the condensed milk. Cool. Pour the mixture into glasses in layers.



**Valentine's Day is a special occasion that gives you great culinary options.**

Good food, beautiful music and romantic atmosphere - that is, how to get a guy. The pretty song is easy to find but what about food? Here's our suggestion for a dessert which will **appeal to every man...**

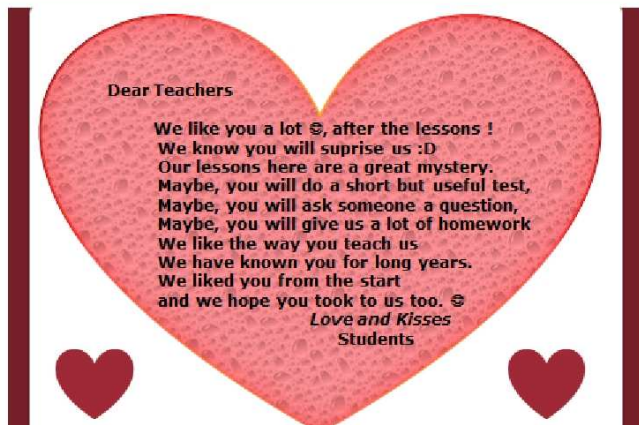
**Ingredients:**  
 two raspberry jellies,  
 one milk sweetened condensed  
 two spoons of gelatin  
 five spoons of milk

## Recipe for Love Potion

**Good luck playing cupid with your potion!**

**Ingredients:**  
 -2 cups of frozen red berries  
 -2 cups of milk or less if you want it thick  
 -1/4 cup of sugar  
 large glass

of fresh berries to top  
**Directions:**  
 Blend your fruit, milk, and sugar together and pour it into a large glass.



Add a few berries as the topping, giving it a festive fresh look. Create a love straw with a red paper heart.

**All our Desserts can be decorated according to your own taste. Use your imagination to find love!**



# Two interviews - two looks for love

## Love by physicist vs humanist

### INTERVIEW WITH PHYSICIST

Journalist: Have you found your second half ?

Teacher: Yes :)

J: Are you jealous of your wife ?

T: I am, but sometimes.

J: Do you believe in love at first sight?

T: I believe... but I hadn't the opportunity to fall in love at first sight.

J: And do you believe in love that lasts a lifetime?

T: Yes, of course definitely love to a child :)

J: Is there anything more important in life than love?

T: I think that no.

J: Complete the sentence: love is when...

T. Love is when one person is willing to give his life for another person.

J: What is your ideal woman?



### LOVE LOVE LOVE LOVE LOVE

J: Is there anything more important in life than love?

T: Yes, because there is always a heart-shaped pizza.

T: Anything more important than love? No, certainly not.

J: Thank you for taking the free time. Goodbye!

J: Complete the sentence: love is when...

J: The last question: Do you like Valentine's Day?

### INTERVIEW WITH HUMANIST

T: I don't know, I hadn't the opportunity to celebrate...

J: OK, Thank you that you agreed to answer these few personal questions :)

Journalist: Have you found your second half ?

Teacher: Yes.

J: Are you jealous of your wife ?

T: No, I'm not.

J: Do you believe in love at first sight?

T: Yes, of course.

J: And do you believe in love that lasts a lifetime?

T: Yes I believe in love that lasts a lifetime too.

T: Love is when you don't say that you want a cup of coffee, and the coffee is on the table :)

J: What is your ideal man?

T: The guy must be hardworking and he has to be an optimist.

*"I believe in love that lasts a lifetime"*

*"Love is when one person is willing to give his life for another"*

*"there is always a heartshaped pizza"*

T: Hmm.. She should be tall and have long blonde hair.

J: Could you describe to us your dream date?

T: With Kamilla Baar in Hollywood.

*"Love is when you don't say that you want a cup of coffee, and the coffee is on the table"*



Of course he must be a friend of a woman!

J: Could you describe to us your dream date?

T: Duet: cinema + Dirty Dancing

J: The last question: Do you like Valentine's Day?

*"The guy must be hardworking and he has to be an optimist. Of course, he must be a friend of a woman!"*



***Let's cherish all the nicest memories from our school life!***

*Happy Valentine's Day*

Our school, as everyone knows,  
is the greatest in the world.

English lessons are wonderful  
and our teachers are beautiful.

Dear School, I love You so much  
and I promise that we'll always  
be in touch.

*Your Valentine*

P.S. I'll give you my heart  
and I hope I will get a five. 😊